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# WALES SNOWDONIA 15 PEAKS CHALLENGE



**Wales is a place of myths and legends and home to some of the best castles in Europe. It also has some of the most rugged and challenging mountains in Britain.**

## DAY 1 – THE CARNEDDAU

Day 1 starts off on the remains of a Roman road. The road was first built in AD61. We cross Bwlch-Y-Ddeufaen, meaning Pass or Gap of Two Stones, where there are two standing stones thought to date from the Bronze Age. The tallest being about 8ft high. We then climb onto a ridgeline seeing some Bronze Age burial grounds and on to the summit of Drum (pronounced Drim). Then **Foel Fras** at **942mts** beckons the most northerly of the Welsh 3000ft and our first of the 15 peaks!!!

We then have time to catch our breath and enjoy the stunning views out to the coast as we make our way to **Garnedd Uchaf** at **926mts** and **Foel Grach** at **976mts**. We then follow a ridge out to **Yr Elen** at **962mts**. After retracing our steps a steady climb leads us to **Carnedd Llewelyn** at **1064mts**. Named after the first Prince of Wales, Carnedd Llewelyn is the highest mountain in the Carneddau range. Next up is **Carnedd Dafydd** at **1044mts**. We then start our descent finishing off our day with **Pen Yr Ole Wen** at **979mts** and a steep decent to the Ogwen Valley.

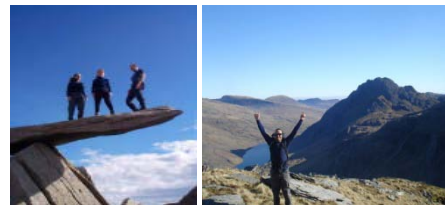
*Approx 8-10hrs walking*



## DAY 2 – THE GLYDERS

Today we cross Y Glyderau one of the most impressive mountain ranges in Britain. We start off the day with a scramble up **Tyfan** at **917mts** and on to Adam & Eve. After retracing our steps a short distance we then have a short steep climb onto **Glyder Fach** at **994mts** and the Cantilever rock before crossing Castell Y Gwynt (Castle of the Wind) and onto **Glyder Fawr** at **999mts**. As we traverse the Glyderau we will have stunning views over Snowdonia. We then make our way to **Y Garn** at **947mts** crossing the top of Twll Du (Devils Kitchen), following in the foot steps of Charles Darwin. Devils kitchen is known as the Nature's Hanging Gardens because of its rare Alpine plants. If you're lucky you can even find the Snowdon Lilly. Our last peak of the day is **Elidir Fawr** at **924mts** before a descend down into the Llanberis pass.

*Approx 8-10hrs walking*



## DAY 3 – SNOWDON HORSESHOE

Our final day is the spectacular Snowdon Horseshoe which takes us along **Crib Coch** at **921mts** (Red Ridge) where a head for heights is needed. As we reach the summit of **Crib Ddysgl** at **1065mts** the challenge is within our grasp and we head for our final summit, **Snowdon** (Yr Wyddfa) at **1085mts**.

From Snowdon summit we have the choice of completing the Snowdon Horseshoe or returning to Pen y pass on the Pyg track. This is time and weather dependent.

*Approx 6-8hrs walking*



### HOW TO BOOK YOUR TRIP

Please complete the booking and medical forms attached and return them along with a deposit of £50.00. This deposit is non-refundable and non-transferable. On receiving your booking we will confirm your reservation and send you a receipt for the deposit. The full balance is required to be paid no less than 4 weeks before departure. Payment can be made by cheque, payable to 'Adventurous Ewe' or by bank transfer to the following account:

Natwest Bank  
 Account Number: 27065782  
 Sort Code: 52-21-43

### TOTAL COST

£165.00pp without accommodation  
 £235.00pp All-inclusive  
 £175.00 Cost All-inclusive (2 Day Event)

### INCLUDED IN THE PRICE OF THE TRIP

Pick up and drop off at accommodation  
 Qualified UK Mountain Leaders  
 Support vehicle  
 2 night's accommodation (all-inclusive only)  
 All meals while on trek (all-inclusive only)

### NOT INCLUDED IN THE PRICE OF THE TRIP

All drinks and personal expenses

### WEATHER & SAFETY

The weather in Snowdonia National Park can change very quickly, what can start out as a good day can soon become very poor. It is very important to be well equipped and prepared for all conditions.

We will be crossing terrain varying from moorland and loose rocky ground to narrow ridges including a few scrambles. Our route will be ascending and descending a great deal and a good level of fitness is required.

The Leader reserves the right to change the itinerary at any time should the conditions require it. In these circumstances we will make the best alternative arrangements possible that maintain the integrity of the original itinerary.

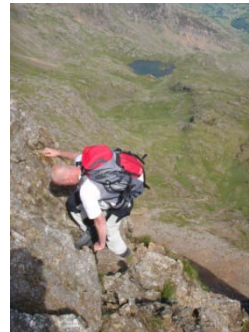
### HEALTH

All our guides are first aid trained and carry fully equipped medical kits for serious medical emergencies.

### ACCOMMODATION

Our accommodation for the all-inclusive option will be in the Capel Curig YHA.

There is a great choice of accommodation in Snowdonia, from luxury Welsh cottages to bunkhouses. There is also a great range of campsites. Should you wish us to book your accommodation please contact us.



### DATES FOR 2010

1-3 May	3-5 July
29-31 May	24-26 July
12-14 June	7-9 August
19- 21 June	13-15 August
26-27 June (2 Day event)	28-30 August
3-5 September	10-12 September

